

The Knight Times

Life is a journey; Education is the roadmap and compass.



What's Inside

School Board Minutes
Revenue/Expenses
Elementary News
Box Tops For Education
Monthly Calendar's

Upcoming Events

September 1

NO SCHOOL - Labor Day

September 4

CC Ainsworth Invite @
Ainsworth 4pm

September 5

FB vs Ansley-
Litchfield @ Litchfield
7:30pm

September 9

VB Mullen/Hyannis Tri
@ Thedford 4:30



Third grade "Curious" monkeys! Luke Christie, Hayden Stump, Rhett McFadden, Sam Scriptor, Charlsie Teahon, and Samantha Wonch



Wednesday August 27, 2014

Look for more information and packets to be sent home with your student in the near future.



NEW Website - www.airenebraska.org

AIRE Nebraska has [resources online](#) to assist schools and parents

- Back to School with Asthma checklist
- Back to School with Severe Allergy checklist
- Asthma/Allergy Action Plan
- and much more!

EpiPens are still FREE!

There is no excuse for schools or patients to NOT have an epinephrine auto-injector this year!

[Schools - Click here for more information](#)

REMEMBER - Schools are obligated to keep EpiPens to be in compliance with the Rule 59 protocol.

Students will be coming in with any one of four epinephrine auto-injectors - these are the two with copouones for a \$0 co-pay.

[Patients - Download EpiPen coupon](#)

[Patients - Download Auvi-Q coupon](#)

September 11

FB vs Mullen @ Mullen 7:30pm

VB vs Mullen @ Mullen 5pm

September 13

CC Broken Bow Invite @ Broken Bow 10am

VB Seven Valleys Tour @ Callaway 9:30am

September 17

Safety Committee

ST Little Kids Cheerleading (5:45-6:45 HS Lecture Hall)

September 23

FBLA Fall Leadership Conf in Kearney

JH VB and FB vs Mullen @ Mullen 2pm & 3:30pm

September 26

CC Ord Invite @ Ord 4:30

FB vs SEM @ Sumner 7pm

**Sandhills Public Schools - Board of Education
Regular Meeting July 14, 2014**

MINUTES

The Sandhills Board of Education regular meeting was called to order at 7:30 p.m. All board members were present. Also present were Kim Carr and Dale Hafer.

Consent Agenda:

Motion by Teahon, second by Bass to approve the consent agenda. Passed 6-0.

Administrative Report:

1. The board was made aware of upcoming NASB meeting opportunities.
2. Mr. Hafer presented the working draft of the 2014-15 budget.
3. First days of school and possible calendar changes were reported.
4. An update on improvements to the district house was provided.
5. The October regular meeting will likely be held on 10/20/14 to be finalized.
6. An update regarding transportation acquisition and mileage reimbursement was given.
7. The board was updated regarding the HS HVAC project progress and schedule.
8. The USDA smart snacks guidelines were reviewed.

Sandhills-Thedford COOP

The ST COOP advisory committee will likely meet August 20th. To be finalized.

New Business:

- a. No patrons were present to address the board.
- b. Business item to transfer funds to the depreciation fund died due to lack of motion.
- c. Motion by Milleson, second by Cox to accept the highest respective bids for the surplus buses and tire machine. Passed 6-0.
- d. Motion by Teahon, second by Martindale to recognize the 2nd reading and approve revisions to board policies 508.01 and 508.12. Passed 6-0.
- e. Recognition of 1st reading of revised board policies 303.02, 406.02, 503.04, 504.11, 504.23, 508.15, and 1006.02.
- f. Motion by Martindale, second by Milleson to approve Eugene Ulmer, Dana F. Cole & Co., LLP, for 2014-15 district auditing services. Passed 6-0.
- g. Board President Anderson adjourned the meeting at 10:05.

A budget retreat will be held August 25th at 7:30 p.m. 2014. Budget Hearing, Hearing to set the District's Tax Request and the Sept. Regular Meeting will be held Sept. 8, 2014 starting at 7:30 p.m. with the budget hearing followed by the tax request hearing and regular meeting respectively. All will be held in the HS lecture hall and are open to the public. Agendas are kept continually current and available for public inspection in the Supt's Office during regular hours.

Respectfully Submitted:

Dale J. Hafer
Recording Secretary

August 11, 2014 Board Meeting

SANDHILLS PUBLIC SCHOOLS

Total Resources Available	\$	3,264,202.00
Total Budget Available for Expenditures	\$	2,914,202.00
August Beginning Balance	\$	931,458.69
Less: August Expenditures	\$	150,771.14
Plus: Checks thru 9000	\$	-
August Ending Balance	\$	780,687.55
Balance of Expenditure Budget	\$	780,687.55

GENERAL FUND RECEIPTS

Received to Date (07-01-14)	\$	2,086,386.76
07/02/14 State of Nebraska	HHS MCP	\$ 43.38
07/02/14 State of Nebraska	HHS MCP	\$ 130.44
07/02/14 State of Nebraska	HHS MCP	\$ 42.03
07/10/14 Omaha Academy of Ballet	Gym Rent	\$ 90.00
07/10/14 NE State Reading Assoc.	Copies	\$ 150.00
07/10/14 Patron	Bill	\$ 24.30
07/10/14 Loup Co Treas	MVPR	\$ 39.48
07/15/14 Custer Co Treas	MVPR	\$ 88.63
07/16/14 Logan Co Treas	MV: Co Fines	\$ 85.31
07/16/14 Blaine Co Treas	MV; Local; HS; Co Fines; MVPR	\$ 16,522.97
07/24/14 State of Nebraska	REAP	\$ 1,424.84
07/24/14 State of Nebraska	HHS MCP	\$ 46.51
07/29/14 Brown Co Treas	MVPR; Co Fines	\$ 56.58
07/30/14 ESU 10	Title I	\$ 5,062.81
07/30/14 Broken Bow PS	MIPS Admin	\$ 240.41
07/30/14 State of Nebraska	Range Camp 4H	\$ 277.50
07/30/14 Thomas Co Treas	MV; Local; HS; MVPR; Co Fines	\$ 1,577.11
07-31-14 WNB	Interest Earned	\$ 79.95
	<i>July Total</i>	\$ 25,982.25
	<u>Total to Date</u>	\$ 2,112,369.01

BANK BALANCE FOR GENERAL FUND

BALANCE 07-01-14	\$	444,480.08
Receipts	\$	25,982.25
Expenditures	\$	171,715.54
	\$	-
BALANCE 07-31-14	\$	298,746.79

Certificate of Deposits

CD #10114, \$107,263.76

CD # 9867 \$ 100,833.91

PLEASE NOTE! The date of the receipts do NOT necessarily reflect the date in which it was received by the office or the date that it was deposited. If you have any questions feel free to call the office.

August Expenditures August 11, 2014 Board Meeting

Check Date	Check Nu	Payee	Description	Amount
08/11/2014	27314	Ace Hardware	Supplies	\$ 421.28
08/11/2014	27315	Arrow Seed	Supplies	\$ 85.97
08/11/2014	27316	AS Central Services	Dist. Learning	\$ 233.21
08/11/2014	27317	Blick Art Materials	Supplies 14-15	\$ 20.01
08/11/2014	27318	Carson Dellosa	Supplies 14-15	\$ 1.99
08/11/2014	27319	Cash-Wa Distributing	Supplies	\$ 447.05
08/11/2014	27320	Cengage Learning	Textbooks 14-15	\$ 2,385.08
08/11/2014	27321	Central Ne Medical Clinic	Bus Physical	\$ 120.00
08/11/2014	27322	Classroom Direct	Supplies 14-15	\$ 13.12
08/11/2014	27323	Conditioned Air Mechanical Systems & Service	Repairs	\$ 587.50
08/11/2014	27324	Consolidated Telephone	Phone & Fax	\$ 211.06
08/11/2014	27325	Corporate Payment Systems	Credit Cards	\$ 2,278.76
08/11/2014	27326	Custer County Chief	Ads, Minutes	\$ 93.34
08/11/2014	27327	Custer Public Power District	REA	\$ 2,187.46
08/11/2014	27328	Dunning Water	Water/Sewer	\$ 349.00
08/11/2014	27329	Egan Supply Co	Supplies 14-15	\$ 188.13
08/11/2014	27330	ESU #8	Asbestos Training	\$ 225.00
08/11/2014	27331	ESU 10	Service, Training	\$ 210.00
08/11/2014	27332	Hometown Leasing	Copiers/Printers	\$ 595.52
08/11/2014	27333	Island Supply Welding	AG Supplies	\$ 8.68
08/11/2014	27334	Jody Anderson	Reimb	\$ 15.97
08/11/2014	27335	MCI	Long Dist.	\$ 18.38
08/11/2014	27336	Midwest Floor Specialists	Elem Gym Floor	\$ 1,195.00
08/11/2014	27337	National Ice Beverage Cooler	Rent	\$ 85.00
08/11/2014	27338	Nebraska Link	Broadband	\$ 622.71
08/11/2014	27339	Norm's Auto	Repairs, Service, Fuel	\$ 571.03
08/11/2014	27340	Oper Reimb	Reimb	\$ 2,563.85
08/11/2014	27341	Plains Equipment Group	Elem Tractor	\$ 1,276.37
08/11/2014	27342	Presto X Company	Service Contract	\$ 100.30
08/11/2014	27343	Quill	Supplies 14-15	\$ 428.96
08/11/2014	27344	Ron Hasebroock	4H Camp Niobrara	\$ 318.75
08/11/2014	27345	Sandhill Oil Company	Propane	\$ 11,644.00
08/11/2014	27346	Sandhills Education Coop	SPED	\$ 15,258.58
08/11/2014	27347	Scholastic Inc	Supplies 14-15	\$ 494.73
08/11/2014	27348	TT Tree Service	Elem Tree Removal	\$ 700.00
08/11/2014	27349	Two Rivers Wellness	Weight Rm Rent	\$ 150.00
08/11/2014	27350	Village of Thedford	Elem Trash	\$ 130.00
08/11/2014	27351	Western Nebraska Bank	DD Payroll	\$ 35.00
			Vendor	\$ 46,270.79
			Payroll & Liabilities	#####
			TOTAL	#####



First Day of First Grade 2014-15



HEADS UP: Concussions in Sports...

A Fact Sheet for Parents & Students

On April 14th, 2012, Governor Heineman signed into law LB260, the Nebraska Concussion Awareness Act with the bill taking effect **July 1, 2012**. The bill affects any schools having athletes 19 years old or younger, as well as any sports organization, including youth leagues, club sports, or any organization sponsoring a sporting activity where there is a cost to participants or where such costs are sponsored. There are three primary components of the act:

1. **Education** – (a) concussion educational training must be made available to all coaches on how to recognize symptoms of a concussion, and how to seek proper medical treatment. (b) Athletes and parents must be provided concussion information prior to an athlete's participation on an annual basis that includes (i) signs & symptoms of a concussion, (ii) risks posed by sustaining a concussion, and (iii) actions athletes should take in response to sustaining a concussion – including informing their coaches
2. **Removal of Athlete** – an athlete presenting signs or symptoms of a concussion, thereby being “reasonably suspected” of having sustained a concussion, (a) must be removed from participation, and (b) may not return to participation until evaluated by appropriate licensed health care professional, and
3. **Written & Signed Clearance for Return to Play (RTP)** – an athlete having been removed from participation for the purpose of presenting with signs or symptoms or “reasonably suspected” of having sustained a concussion must have, before RTP or participation is allowed by a coach, (a) written and signed clearance from an appropriate licensed health care professional, and (b) written and signed clearance from the athlete's parents.

A Licensed Health Care Professional means a physician or licensed practitioner under the direct supervision of a physician, e.g. PA-C or APRN; a neuropsychologist, an athletic trainer, or a qualified individual able to (a) provide health care services where doing so falls within one's scope of practice in Nebraska, and (b) is trained in the evaluation and management of traumatic brain injury among a pediatric population.

For further details please visit www.nebsportsconcussion.org

What is a concussion? A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious and could be a concussion.

What parents/guardians should do if they think their child has a concussion?

1. **OBEY the NEW LAW.**
 - a. Keep your child out of participation until s/he is cleared to return by a licensed healthcare provider.
 - b. Seek medical attention right away.
2. Teach your child that it's not smart to play with a concussion.
3. Tell all of your child's coaches and the student's school nurse about ANY concussion.

What are the signs and symptoms of a concussion?

You cannot see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days after the injury. If your teen reports one or more symptoms of concussion listed below, or if you notice the symptoms yourself, keep your teen out of play and seek medical attention right away.

STUDENTS—If you think you have a concussion:

- **Tell your coaches & parents.** Never ignore a bump or blow to the head, even if you feel fine. Also, tell your coach if you think one of your teammates might have a concussion.
- **Get a medical check-up.** A physician or other licensed healthcare provider can tell you if you have a concussion, and when it is OK to return to play.
- **Give yourself time to heal.** If you have a concussion, your brain needs time to heal. While your brain is healing, you are much more likely to have another concussion. It is important to rest and not return to play until you get the OK from your healthcare professional.

Signs Reported by Students:

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down”

PARENTS—

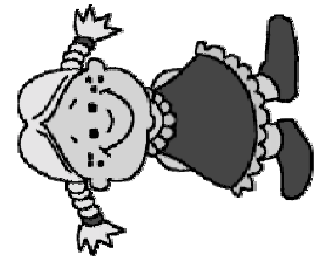
How can you help your child prevent a concussion?

Every sport is different, but there are steps your children can take to protect themselves from concussion and other injuries.

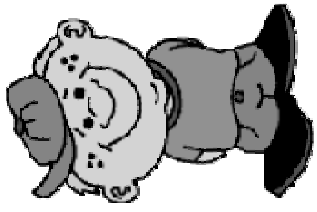
- Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.
- Ensure that they follow their coaches' rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.

Signs Observed by Parents or Guardians:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall



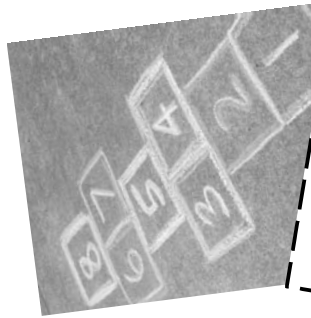
I am Thankful for My School!



Box Tops help us to make our school an even better place!

Place one Box Top on each great thing about our school. When the sheet is full, turn it in to your

teacher!

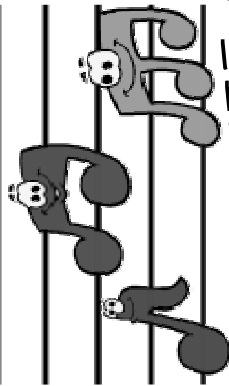


Great Teachers!



Recess

Draw what you're
thankful for about our
school in the box
below



Music Class

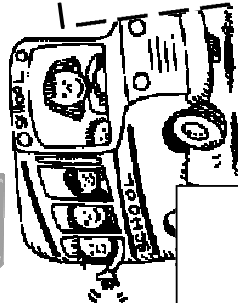
P.E.



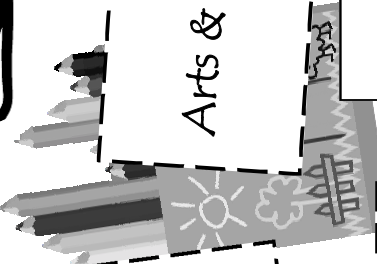
Library



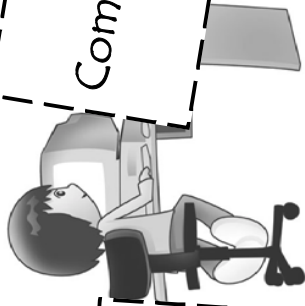
Field Trips



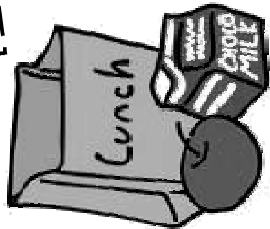
Arts & Crafts



Computer Lab



Healthy
Lunches



Name: _____


Teacher: _____

Grade: _____

September 2014 Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy Labor Day  Breakfast Pizza Fruit Yogurt Cereal	2 Breakfast Tornado's Fruit Yogurt Cereal	3 Breakfast Calzone Fruit Yogurt Cereal	4 Croissant w/ egg, cheese & sausage patty Fruit Yogurt Cereal	5 Sausage Gravy over a Biscuit Fruit Yogurt Cereal	6
7	8 Breakfast Pizza Fruit Yogurt Cereal	9 Pancake on a stick Fruit Yogurt Cereal	10 English Muffin w/ egg & cheese Fruit Yogurt Cereal	11 Apple Cinnamon Muffin Fruit Yogurt Cereal	12 Cinnamon Roll Fruit Yogurt Cereal	13
14	15 Choc. Chip Muffin Fruit Yogurt Cereal	16 Waffle Sticks Fruit Yogurt Cereal	17 Donuts Fruit Yogurt Cereal	18 Breakfast Burrito Fruit Yogurt cereal	19 Egg Omelet Toast Fruit Yogurt Cereal	20
21	22 Pop Tarts Cold & Hot Cereal Fruit Yogurt Cereal	23 Biscuit w/ ham patty & cheese slice Fruit Yogurt Cereal	24 Cherry Coffeecake Fruit Yogurt Cereal	25 Pancakes Sausage Links Fruit Yogurt Cereal	26 Blueberry Muffins cheese stick yogurt cereal Fruit	27
28	29 Breakfast Hot Pockets Fruit Yogurt Cereal	30 French Toast Tornado's Fruit yogurt cereal		Juice & Milk are served every meal		

September 2014 Lunch

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		1  Happy Labor Day	2 Hamburger on a bun Tator Tots	3 Pizza Corn	4 Chicken Strips french fries apple crisp	5 Tacos w/ toppings Brownies	6						
7	8 Fried Chicken Mashed Potatoes Gravy	9 Chili Fritos w/ toppings Mixed Vegetables	10 Italian Dunkers Corn	11 Swedish Meatballs Mashed Potatoes Green Beans	12 Sloppy Joes Chips Broccoli	13							
14	15 Chicken Fried Steak Mashed Potatoes Gravy Mixed Vegetable	16 Runzas Pease	17 Spaghetti w/ sauce Garlic Bread Corn	18 Ham Sandwich Jello	19 Baked Potato Bar Diced Ham Broccoli	20							
21	22 Turkey Wraps & Chips cookies	23 Beef Burritos Nacho Chips w/ cheese	24 Philly Cheese Steak Calzone Corn	25 Pulled Pork soft shelled tacos w/ toppings Peanut Butter Bars	26 French Dip Mixed Vegetables	27							
28	29 Chicken Nuggets Tri Tators Green Beans	30 Pizza Mixed Vegetable Cherry Crisp		25 Salad Bar with fruits & vegetables served with every meal	26 Milk & Water served with every meal								

SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 No School - Labor Day	2	3	4	5	6
7	8 JV Football vs North Central @ Springview 5:30pm School Board Meeting 7:30 pm VB vs North Central (JV only) @ Bassett 4pm	9 VB Mullen/Hyannis Tri @ Thedford 4:30	10 Husker Harvest Days - FFA members ST Little Kids Cheerleading (5:45-6:45 HS lecture hall)	11 Football vs. Mullen @ Mullen 7:30pm VB vs Mullen @ Mullen 5pm	12	13 CC Broken Bow Invite @ Broken Bow 10am VB Seven Valleys Tour @ Callaway 9:30am
14	15 JV Football vs Mullen @ Mullen 6pm VB (JV only) vs Mullen @ Mullen 5pm	16 JH VB Valentine/Cody Tri @ Valentine 6pm JV VB Valentine/Cody-Kilgore Tri @ Valentine 5:30 VB vs McPherson County/Hyannis Tri @ Tryon 5pm	17 Safety Committee ST Little Kids Cheerleading (5:45-6:45 HS lecture hall)	18 CC Ravenna Invite @ Ravenna 4:15	19	20 VB vs Cody-Kilgore/Stapleton Tri @ Cody 3:30
21	22 JV Football vs A-M @ Dunning 5pm VB vs A-M (JV only) @ Dunning 5pm	23 FBLA Fall Leadership Conf in Kearney JH FB vs Mullen @ Mullen 3:30 JH VB vs Mullen @ Mullen 2pm	24 Karen Haase - digital citizenship (10 am 4-8; 1:30 9-12, parents 7 pm THS gym) ST Little Kids Cheerleading (5:45-6:45 HS lecture hall)	25	26	27 JH VB Torn @ Ainsworth gam (A and B teams will play) VB vs Ansley-Litchfield Tourn @ Ansley 9:30
28	29 JH FB vs SMC @ Thedford 4:30 JH VB vs. Stapleton @ Thedford 3pm	30 VB Anselmo-Merna/Twin Loup Tri @ Dunning 5pm				